

# Would You Rather

Responsible Decision Making | Analyzing and Solving Problems

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

For each “Would You Rather” scenario, identify the pros and cons of each option, then make a final decision and share your reasoning.

**Become a famous actor...**

**...or become a famous scientist?**

Pros & Cons

Pros & Cons

Final Decision & Reasoning

**Travel to the past...**

**...or travel to the future?**

Pros & Cons

Pros & Cons

Final Decision & Reasoning

**Read minds...**

**...or speak every language?**

Pros & Cons

Pros & Cons

Final Decision & Reasoning

# Decision Tree

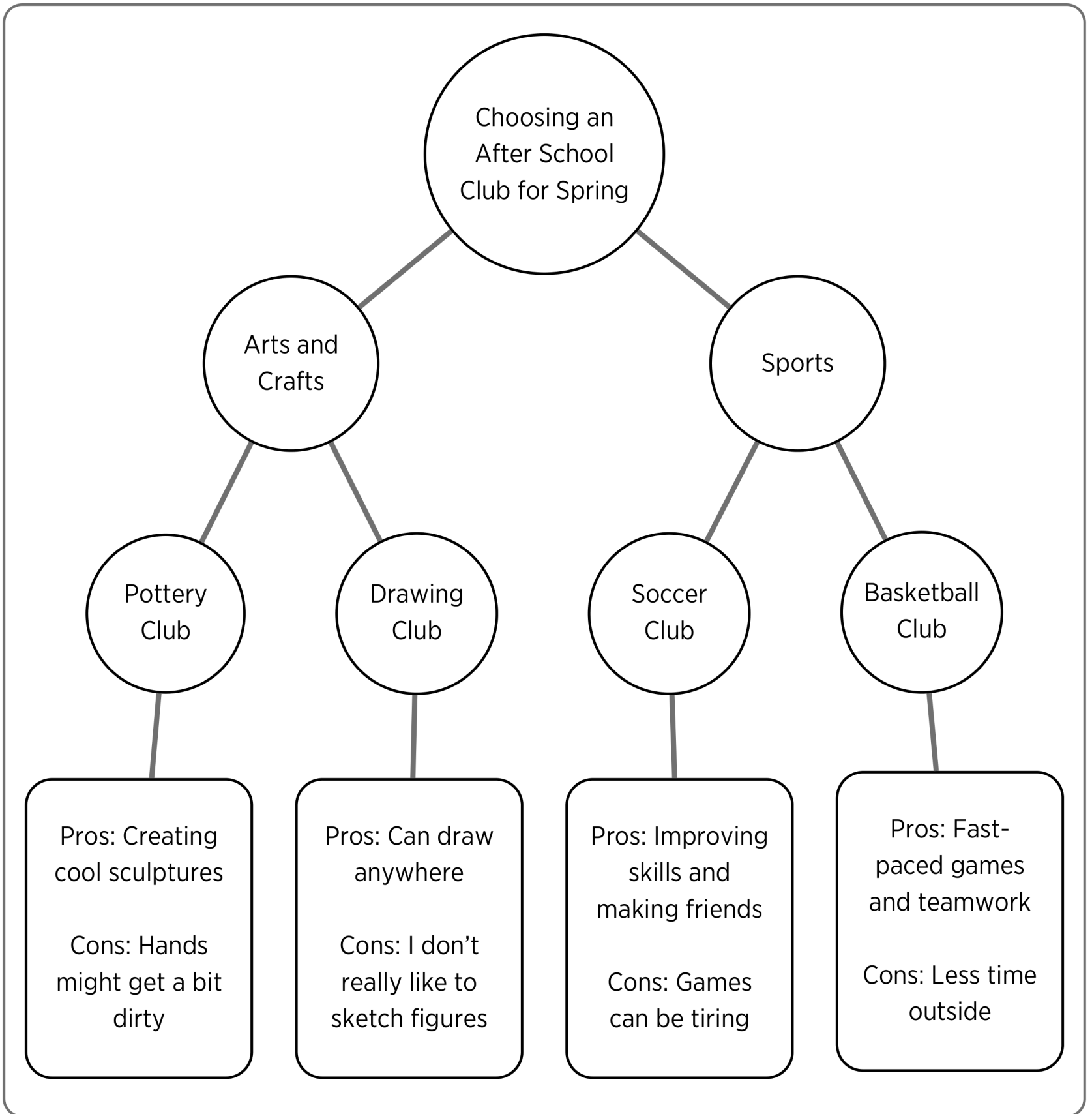
Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Responsible Decision Making | Analyzing and Solving Problems

A decision tree can be a useful tool when you need to make a decision. Take a look at the sample below. Then, when you're ready, take out a blank sheet of paper and create your own decision tree based on a decision you have to make.



## Scenario Response

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Responsible Decision Making | Analyzing and Solving Problems

Good communication can help with solving problems and settling arguments. Read and reflect on the scenario below.

Alex and Jordan have been best friends since 1st grade. Now they're in middle school, and their lockers are right next to each other! They shared their locker combinations with each other, because they love to share school supplies, sports equipment, and snacks throughout the day. One morning, Alex opens Jordan's locker and borrows her favorite book. Unfortunately, he accidentally leaves the book outside during recess on a rainy day, and it gets destroyed. Alex offers to replace the book, but Jordan is still angry because Alex was careless with her book and didn't ask before taking it. Alex is angry because they've been sharing books all year, and he thinks Jordan is overreacting.

Brainstorm some advice you'd like to give Alex and Jordan. Then, when you're ready, write them a short letter below. While the main purpose of the letter is to give advice, try to show empathy for their situation and compare it to something you've experienced or witnessed.

Dear Alex and Jordan,

# Classroom Similarities

Responsible Decision Making | Analyzing and Solving Problems

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

How much do you have in common with the people around you? Mingle with your classmates or a large group of people your age. For each person you talk to, try to find one thing you have in common using the form below.

**Name**

**What's something you both like to do?**

**Name**

**What's a school subject you both enjoy?**

**Name**

**What movie or book do you both like?**

**Name**

**What's something that you both think is irritating?**

# Classroom Community Proposal

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Responsible Decision Making | Analyzing and Solving Problems

Think of something that would help improve your classroom or your school. Brainstorm and plan your idea by filling out the form below. When finished, share with a group of friends or classmates; maybe you can form a team to achieve each other's goals!

**What would you like to improve in your classroom or school?**

**What would be the short-term and long-term benefits of your plan?**

**What are some examples of other schools that made similar improvements?**

**Who would best be able to help you with your idea?**

**What resources and materials do you need to achieve your goal?**

**What is a reasonable deadline for achieving your goal?**

**What are some things that could prevent you from achieving your goal? How will you plan for those outcomes?**

**When finished, how will you know that your project was a success?**

# Social Responsibility Comic

Responsible Decision Making | Analyzing and Solving Problems

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Imagine a scenario where social responsibility is enacted by a community member or several community members. It can be a community you're familiar with, or a community entirely from your imagination. When ready, make a comic about it using the panels below.


# Self-Reflection Brain Dump

Responsible Decision Making | Evaluating and Reflecting

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Reflecting on a choice can help strengthen your decision-making skills. Think of a recent decision you've made. When you're ready, set a timer for 7 minutes and write or draw about your decision in the box below. Keep writing/drawing until the timer goes off!

# Habit Tracking

Responsible Decision Making | Evaluating and Reflecting

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Think of a small, healthy, achievable habit you'd like to do each day for the next thirty days. Write it in the box below. Then check off boxes each day to keep track of your progress.

## My New Habit

## Habit Tracker

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Bonus Tip:** If you miss a day, that's okay! Habit tracking shouldn't be stressful. Just put an X or a dot in that box and try again tomorrow.



# Brainstorm: Social Media Safety

Responsible Decision Making | Ethical Responsibility

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Using the chart below, brainstorm the pros and cons of using social media.

## Benefits of Using Social Media

## Drawbacks of Using Social Media

Now, using your lists, come up with some ways to avoid some of these drawbacks and stay safe online. When finished, share your chart with a group of friends or classmates to compare.

## Ways to Avoid Drawbacks and Stay Safe Online

# Visualizing your Digital Footprint

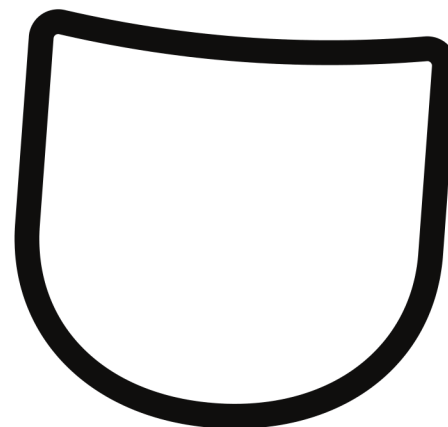
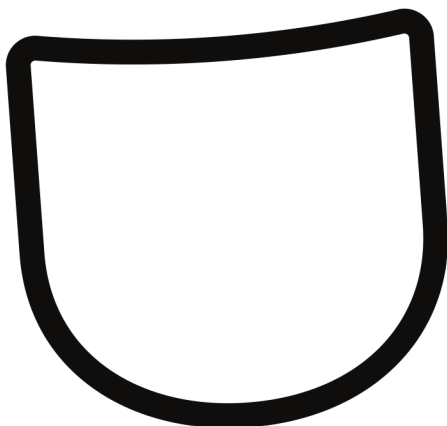
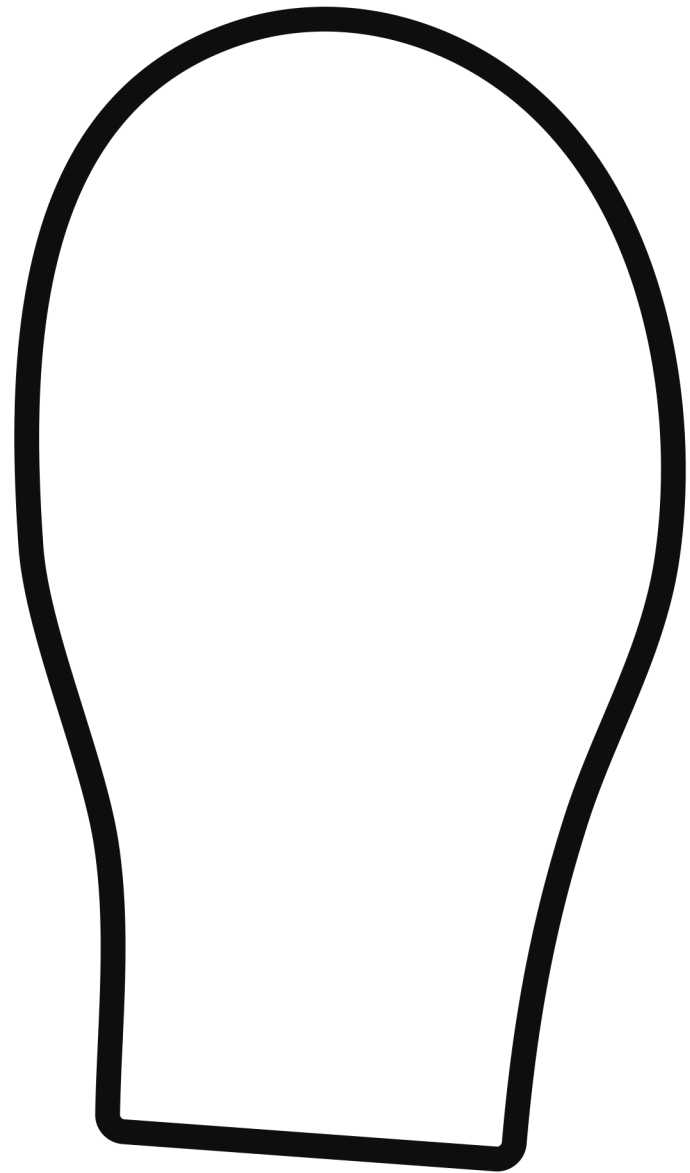
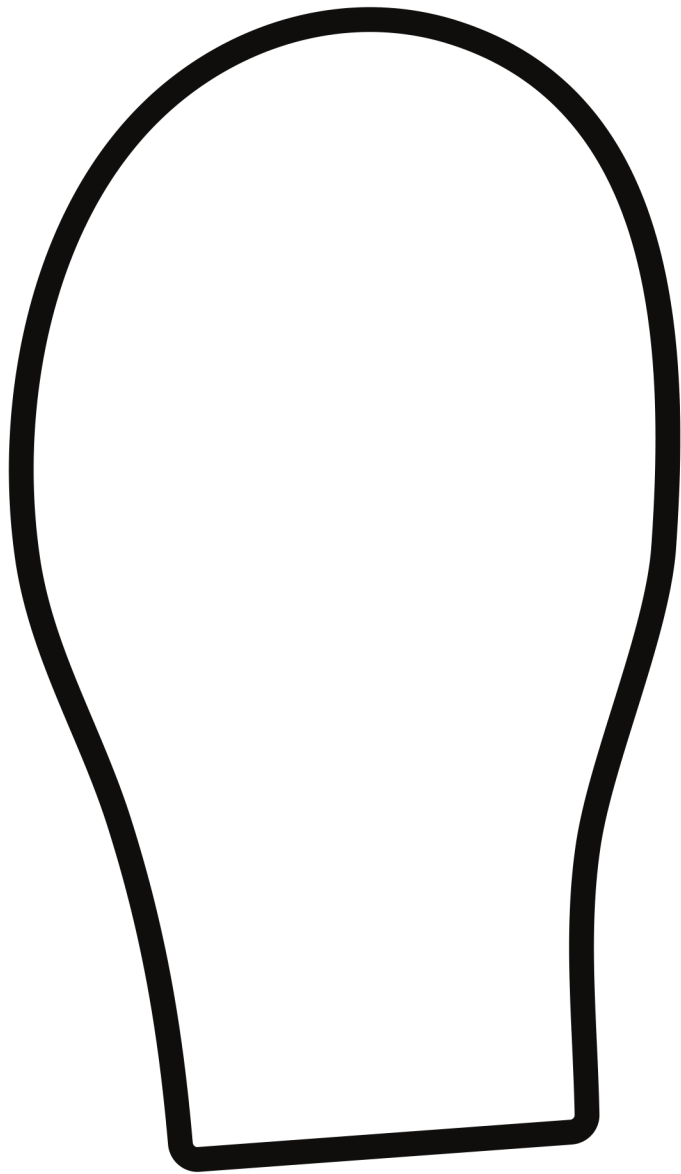
Responsible Decision Making | Ethical Responsibility

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Reflect on your digital footprint and personal online safety by filling out the chart below. On the left footprint, list all the sites you post on (social media, forums, etc.) On the right footprint, list all the information you post (name, location, interests, etc.) When finished, share with a group of friends or classmates to compare.



# End of Course Reflection

SEL Middle School

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

Great job on completing the SEL Middle School course! Take a moment to reflect on your journey - what you've learned, how you've grown, and what you're curious about exploring next. Explore your thoughts using the reflection below.

**What are three things you learned from this course?**

**In what ways do you feel you have grown or changed during this course?**

**What areas of social-emotional learning are you most interested in exploring further?**